

### **Health Programs Most Utilized by Employees**

According to a new survey released by Hewitt Associates, despite almost two-thirds of companies (73 percent) offering a nurse line, on average, only 7 percent of employees actually used the program and just 45 percent of employers were satisfied with its results. In addition, while more than half of companies offered smoking cessation (54 percent) and weight management (53 percent) programs, less than 5 percent of employees who were eligible for the programs actually participated in them, and less than half of employers were satisfied with the programs' results.

In comparison, while just one in five (19 percent) companies offered onsite medical clinics and 11 percent offered onsite pharmacy services, a quarter of employees (25 percent) used onsite medical clinics when they were made available to them, and 50 percent took advantage of onsite pharmacies. Further, 81 percent of companies that offered onsite clinics said they were satisfied with the results they achieved from the programs, and 95 percent were satisfied with onsite pharmacies.

Source: Hewitt Associates. "Hewitt Survey Reveals Which Health Programs Most Utilized by Employees, Most Valued by Employers." September 10, 2008. <http://www.hewittassociates.com>